

Vermont Weekly Farmers Market Report

July 6—12, 2025

All reported products are local to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

of Markets Reporting: 8

Seasonality/Weather: Sunny, record high temperatures

Other Comments: Good vendor and customer turnout

| FRUITS & VEGETABLES | Conventional/Not-Certified | | | Certified Organic | | |
|---|----------------------------|---------|---------|-------------------|---------|---------|
| | MIN | MAX | AVG | MIN | MAX | AVG |
| Asparagus, Bunch | \$5.00 | \$5.00 | \$5.00 | \$6.00 | \$6.00 | \$6.00 |
| Beans: Fresh, Pound | \$7.50 | \$7.50 | \$7.50 | \$10.00 | \$10.00 | \$10.00 |
| Beets, Bunch | \$3.00 | \$5.00 | \$4.00 | \$4.00 | \$4.00 | \$4.00 |
| Berries: Blueberries, Pint | | | | \$6.00 | \$7.00 | \$6.50 |
| Berries: Raspberries, Pint | \$4.00 | \$4.00 | \$4.00 | \$6.00 | \$7.00 | \$6.50 |
| Berries: Strawberries, Pint | \$5.00 | \$7.00 | \$5.88 | \$6.00 | \$6.50 | \$6.25 |
| Broccoli, Pound | \$4.00 | \$6.00 | \$5.00 | | | |
| Cabbage, Each | \$3.00 | \$3.00 | \$3.00 | \$5.00 | \$5.00 | \$5.00 |
| Carrots, Pound | | | | \$3.00 | \$4.50 | \$4.08 |
| Carrots, Bunch | \$3.00 | \$3.00 | \$3.00 | \$3.00 | \$4.00 | \$3.25 |
| Chard, Bunch | \$3.00 | \$4.75 | \$3.92 | \$3.00 | \$5.00 | \$3.69 |
| Cucumbers, Each | \$1.00 | \$2.50 | \$1.69 | \$1.50 | \$2.00 | \$1.75 |
| Cucumbers: Pickling, Pound | \$1.00 | \$1.00 | \$1.00 | \$1.00 | \$1.00 | \$1.00 |
| Eggplant, Pound | | | | \$4.00 | \$4.00 | \$4.00 |
| Garlic, Each | \$1.00 | \$2.00 | \$1.63 | \$2.00 | \$3.00 | \$2.75 |
| Garlic: Scapes, Bunch | \$1.00 | \$4.00 | \$2.80 | \$1.00 | \$4.00 | \$2.50 |
| Greens: Arugula, Pound | | | | \$16.00 | \$22.00 | \$19.00 |
| Greens: Lettuce, baby leaf, Pound | \$3.00 | \$8.00 | \$4.75 | \$13.33 | \$14.67 | \$13.78 |
| Greens: Lettuce, head, Each | \$3.00 | \$5.00 | \$3.71 | \$3.00 | \$5.00 | \$3.63 |
| Greens: Microgreens, Pound | \$8.50 | \$32.00 | \$20.25 | | | |
| Greens: Specialty/Mixed, Pound | \$3.00 | \$12.00 | \$7.50 | \$13.33 | \$14.67 | \$14.34 |
| Greens: Spinach, Pound | \$20.00 | \$20.00 | \$20.00 | \$13.33 | \$15.00 | \$14.50 |
| Herbs, Bunch | \$3.00 | \$6.00 | \$3.85 | \$1.00 | \$3.50 | \$2.75 |
| Kale, Bunch | \$3.00 | \$4.75 | \$3.79 | \$3.00 | \$4.00 | \$3.50 |
| Leeks, Bunch | | | | \$4.00 | \$4.00 | \$4.00 |
| Onions, Bunch | \$3.00 | \$3.00 | \$3.00 | | | |
| Onions, Pound | | | | \$2.50 | \$2.50 | \$2.50 |
| Peas: Fresh Eating, Pound | \$5.00 | \$10.00 | \$8.33 | \$4.00 | \$10.00 | \$7.00 |
| Peas: Shelling, Pound | | | | \$10.00 | \$10.00 | \$10.00 |
| Peppers: Sweet, Pound | \$3.00 | \$8.00 | \$5.50 | | | |
| Potatoes: fingerlings, Pound | \$4.00 | \$6.00 | \$5.00 | \$3.00 | \$3.00 | \$3.00 |
| Potatoes: red, white, gold, russet, Pound | \$2.25 | \$6.00 | \$4.81 | \$4.00 | \$4.00 | \$4.00 |
| Potatoes: sweet, Pound | | | | \$2.17 | \$2.17 | \$2.17 |
| Radishes, Bunch | \$3.00 | \$4.00 | \$3.40 | \$3.00 | \$3.50 | \$3.17 |
| Rhubarb, Bunch | \$4.00 | \$5.00 | \$4.33 | | | |

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| | Conventional/Not-Certified | | | Certified Organic | | |
|--|----------------------------|------------|------------|-------------------|------------|------------|
| FRUITS & VEGETABLES (continued) | MIN | MAX | AVG | MIN | MAX | AVG |
| Scallions, Bunch | \$3.00 | \$3.50 | \$3.13 | \$2.00 | \$4.00 | \$3.00 |
| Shallots, Pound | \$2.00 | \$2.00 | \$2.00 | | | |
| Summer Squash, Pound | \$2.00 | \$3.75 | \$2.92 | \$4.00 | \$4.00 | \$4.00 |
| Tomatillos, Pound | \$3.00 | \$5.00 | \$4.00 | | | |
| Tomatoes: Cherry/pear/grape, Pint | \$3.50 | \$6.00 | \$4.75 | \$5.00 | \$6.00 | \$5.50 |
| Tomatoes: Heirloom, Pound | \$4.00 | \$7.75 | \$5.19 | | | |
| Tomatoes: Slicers, Pound | \$5.00 | \$5.00 | \$5.00 | \$4.75 | \$4.75 | \$4.75 |
| Tomatoes: Slicers, Each | | | | \$1.00 | \$1.00 | \$1.00 |
| Zucchini/Summer Squash, Pound | \$1.00 | \$3.00 | \$2.19 | \$3.00 | \$4.00 | \$3.67 |
| Mushrooms, pound | \$5.00 | \$5.00 | \$5.00 | | | |
| MEAT & EGGS | MIN | MAX | AVG | MIN | MAX | AVG |
| Beef: Brisket, Pound | \$8.50 | \$14.00 | \$10.83 | \$14.00 | \$14.00 | \$14.00 |
| Beef: Chuck Roast, Pound | \$8.89 | \$14.00 | \$11.45 | \$14.00 | \$14.00 | \$14.00 |
| Beef: Delmonico, Pound | \$16.00 | \$16.00 | \$16.00 | \$36.00 | \$36.00 | \$36.00 |
| Beef: Flank, Pound | \$10.99 | \$14.99 | \$13.49 | \$26.00 | \$26.00 | \$26.00 |
| Beef: Ground, Pound | \$6.50 | \$8.50 | \$7.44 | \$11.25 | \$12.00 | \$11.63 |
| Beef: Organ Meat, Pound | \$4.00 | \$7.00 | \$4.87 | \$2.00 | \$2.00 | \$2.00 |
| Beef: Ribeye, Pound | \$7.00 | \$28.00 | \$17.51 | \$34.40 | \$36.00 | \$35.20 |
| Beef: Round Roast, Pound | \$7.00 | \$9.29 | \$8.15 | \$14.00 | \$14.00 | \$14.00 |
| Beef: Shanks, Pound | \$6.99 | \$6.99 | \$6.99 | \$9.00 | \$21.20 | \$15.10 |
| Beef: Short Ribs, Pound | \$7.00 | \$12.00 | \$8.87 | \$14.00 | \$14.00 | \$14.00 |
| Beef: Sirloin, Pound | \$10.00 | \$16.00 | \$12.37 | \$18.00 | \$36.40 | \$27.20 |
| Beef: Skirt Steak, Pound | \$7.00 | \$14.50 | \$11.38 | \$19.00 | \$26.00 | \$22.50 |
| Beef: Stew, Pound | \$7.00 | \$13.99 | \$10.22 | \$14.15 | \$14.15 | \$14.15 |
| Beef: Strip Steak, Pound | \$7.99 | \$21.00 | \$16.62 | \$20.00 | \$24.05 | \$22.03 |
| Beef: T-Bone, Pound | \$7.00 | \$18.00 | \$12.50 | | | |
| Beef: Tenderloin, Pound | \$10.00 | \$28.00 | \$19.33 | | | |
| Chicken: Boneless Breast, Pound | \$9.00 | \$11.00 | \$10.00 | \$10.00 | \$14.85 | \$12.43 |
| Chicken: Whole, Pound | \$5.00 | \$11.00 | \$7.33 | \$6.00 | \$6.00 | \$6.00 |
| Chicken: Legs, Pound | \$6.00 | \$11.00 | \$9.00 | \$5.50 | \$7.56 | \$6.53 |
| Chicken: Wings, Pound | \$6.00 | \$16.00 | \$11.00 | \$4.50 | \$9.55 | \$7.03 |
| Eggs: Chicken, Per Dozen | \$5.00 | \$8.00 | \$6.06 | \$6.00 | \$8.00 | \$7.33 |
| Eggs: Duck, Per Dozen | \$5.00 | \$16.00 | \$10.50 | \$10.00 | \$10.00 | \$10.00 |
| Goat, Pound | | | | \$16.00 | \$16.00 | \$16.00 |
| Lamb: Chops, Pound | \$16.00 | \$18.00 | \$17.00 | \$16.00 | \$20.00 | \$18.24 |
| Lamb: Ground, Pound | \$14.00 | \$14.00 | \$14.00 | \$8.00 | \$18.95 | \$14.32 |
| Lamb: Leg of, Pound | \$12.00 | \$18.00 | \$15.00 | \$14.00 | \$18.00 | \$16.00 |
| Lamb: Rack, Pound | \$18.00 | \$18.00 | \$18.00 | \$16.00 | \$16.00 | \$16.00 |
| Lamb: Roast, Pound | | | | \$12.00 | \$12.00 | \$12.00 |
| Lamb: Shanks, Pound | \$10.00 | \$18.00 | \$14.00 | \$17.95 | \$18.00 | \$17.98 |
| Pork: Baby Back Ribs, Pound | \$7.00 | \$15.95 | \$12.23 | | | |

Continues on page 3....

| | Conventional/Not-Certified | | | Certified Organic | | |
|-----------------------------|----------------------------|---------|---------|-------------------|---------|---------|
| MEAT & EGGS (continued) | MIN | MAX | AVG | MIN | MAX | AVG |
| Pork: Chops, Pound | \$7.75 | \$15.00 | \$11.97 | \$21.85 | \$21.85 | \$21.85 |
| Pork: Ground, Pound | \$7.00 | \$14.95 | \$10.65 | \$11.60 | \$11.60 | \$11.60 |
| Pork: Hams, Pound | \$9.00 | \$11.00 | \$10.00 | | | |
| Pork: Shoulder Roast, Pound | \$7.00 | \$11.00 | \$8.77 | | | |
| Pork: Tenderloin, Pound | \$11.00 | \$20.00 | \$16.00 | \$13.00 | \$13.00 | \$13.00 |
| Sausage, Pound | \$8.50 | \$15.00 | \$12.10 | | | |
| Bacon, Pound | \$11.25 | \$16.95 | \$14.03 | | | |