

Vermont Weekly Farmers Market Report

July 13-19, 2025

All reported products are local to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

of Markets Reporting: 8

Seasonality/Weather: variable weather, hot/cool days

Other Comments: Mostly good vendor participation reported

| FRUITS & VEGETABLES | Conventional/Not-Certified | | | Certified Organic | | |
|---|----------------------------|---------|---------|-------------------|---------|---------|
| | MIN | MAX | AVG | MIN | MAX | AVG |
| Asparagus, Bunch | \$5.00 | \$5.00 | \$5.00 | \$6.00 | \$6.00 | \$6.00 |
| Beans: Fresh, Pound | | | | \$10.00 | \$10.00 | \$10.00 |
| Beets, Bunch | \$3.00 | \$4.00 | \$3.83 | \$4.00 | \$4.00 | \$4.00 |
| Berries: Blueberries, Pint | \$4.00 | \$6.00 | \$5.00 | \$6.00 | \$8.00 | \$6.75 |
| Berries: Raspberries, Pint | \$4.00 | \$5.00 | \$4.50 | \$6.00 | \$6.00 | \$6.00 |
| Berries: Strawberries, Pint | \$5.00 | \$6.00 | \$5.83 | \$6.00 | \$6.00 | \$6.00 |
| Broccoli, Pound | \$4.00 | \$6.00 | \$5.00 | | | |
| Cabbage, Each | \$3.00 | \$3.00 | \$3.00 | \$5.00 | \$5.00 | \$5.00 |
| Carrots, Pound | | | | \$4.50 | \$4.50 | \$4.50 |
| Carrots, Bunch | \$3.00 | \$3.00 | \$3.00 | \$3.00 | \$3.00 | \$3.00 |
| Chard, Bunch | \$3.00 | \$4.00 | \$3.40 | \$3.00 | \$5.00 | \$3.88 |
| Collard Greens, Bunch | \$3.50 | \$3.50 | \$3.50 | | | |
| Cucumbers, Each | \$1.00 | \$2.00 | \$1.54 | \$1.50 | \$2.00 | \$1.79 |
| Cucumbers: Pickling, Pound | | | | \$3.00 | \$3.00 | \$3.00 |
| Eggplant, Pound | | | | \$4.00 | \$4.00 | \$4.00 |
| Garlic, Each | \$1.00 | \$2.00 | \$1.58 | \$3.00 | \$3.00 | \$3.00 |
| Garlic, Pound | \$15.00 | \$15.00 | \$15.00 | | | |
| Garlic: Scapes, Bunch | \$1.00 | \$7.00 | \$3.67 | \$1.00 | \$4.00 | \$2.67 |
| Greens: Arugula, Pound | \$3.50 | \$3.50 | \$3.50 | \$16.00 | \$22.00 | \$19.00 |
| Greens: Lettuce, baby leaf, Pound | \$3.00 | \$8.00 | \$4.20 | \$13.33 | \$16.00 | \$14.52 |
| Greens: Lettuce, head, Each | \$3.00 | \$5.00 | \$3.38 | \$3.00 | \$4.00 | \$3.38 |
| Greens: Microgreens, Pound | \$8.50 | \$32.00 | \$20.25 | \$3.00 | \$6.00 | \$4.50 |
| Greens: Specialty/Mixed, Pound | \$3.00 | \$12.00 | \$6.50 | \$6.00 | \$14.67 | \$10.67 |
| Greens: Spinach, Pound | | | | \$12.00 | \$15.00 | \$13.67 |
| Herbs, Bunch | \$2.75 | \$4.00 | \$3.06 | \$3.00 | \$4.00 | \$3.53 |
| Kale, Bunch | \$3.00 | \$4.00 | \$3.57 | \$3.00 | \$5.00 | \$4.00 |
| Leeks, Bunch | \$3.00 | \$3.00 | \$3.00 | | | |
| Onions, Bunch | \$3.00 | \$3.00 | \$3.00 | | | |
| Onions, Pound | | | | \$2.50 | \$4.00 | \$3.50 |
| Peas: Fresh Eating, Pound | \$5.00 | \$10.00 | \$7.50 | \$5.00 | \$10.00 | \$7.50 |
| Peas: Shelling, Pound | | | | \$10.00 | \$10.00 | \$10.00 |
| Peppers: hot, Pound | \$6.50 | \$6.50 | \$6.50 | | | |
| Peppers: Sweet, Pound | \$8.00 | \$8.00 | \$8.00 | | | |
| Potatoes: fingerlings, Pound | \$4.00 | \$4.00 | \$4.00 | | | |
| Potatoes: red, white, gold, russet, Pound | \$6.00 | \$6.00 | \$6.00 | \$4.00 | \$4.00 | \$4.00 |

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| FRUITS & VEGETABLES (continued) | Conventional/Not-Certified | | | Certified Organic | | |
|-----------------------------------|----------------------------|---------|---------|-------------------|---------|---------|
| | MIN | MAX | AVG | MIN | MAX | AVG |
| Potatoes: sweet, Pound | | | | \$2.17 | \$2.17 | \$2.17 |
| Radishes, Bunch | \$3.00 | \$4.00 | \$3.43 | \$3.00 | \$4.00 | \$3.38 |
| Rhubarb, Bunch | \$4.00 | \$5.00 | \$4.33 | | | |
| Scallions, Bunch | \$3.00 | \$3.00 | \$3.00 | \$2.00 | \$4.00 | \$3.00 |
| Summer Squash, Pound | \$3.00 | \$3.00 | \$3.00 | \$4.00 | \$4.00 | \$4.00 |
| Tomatillos, Pound | \$3.00 | \$5.00 | \$4.00 | | | |
| Tomatoes: Cherry/pear/grape, Pint | \$3.50 | \$6.00 | \$4.75 | \$6.00 | \$6.00 | \$6.00 |
| Tomatoes: Heirloom, Pound | \$4.00 | \$5.00 | \$4.33 | | | |
| Tomatoes: Slicers, Pound | \$3.00 | \$5.00 | \$4.00 | | | |
| Zucchini/Summer Squash, Pound | \$2.00 | \$3.00 | \$2.71 | \$4.00 | \$4.00 | \$4.00 |
| Mushrooms, pound | \$5.00 | \$10.00 | \$7.50 | \$10.00 | \$10.00 | \$10.00 |
| MEAT & EGGS | MIN | MAX | AVG | MIN | MAX | AVG |
| Beef: Brisket, Pound | \$8.50 | \$14.00 | \$10.83 | | | |
| Beef: Chuck Roast, Pound | \$8.89 | \$14.00 | \$11.45 | | | |
| Beef: Delmonico, Pound | \$16.00 | \$16.00 | \$16.00 | | | |
| Beef: Flank, Pound | \$10.99 | \$14.99 | \$13.49 | | | |
| Beef: Ground, Pound | \$5.00 | \$9.00 | \$7.22 | | | |
| Beef: Organ Meat, Pound | \$4.00 | \$7.00 | \$4.87 | | | |
| Beef: Ribeye, Pound | \$7.00 | \$28.00 | \$17.81 | | | |
| Beef: Round Roast, Pound | \$7.00 | \$9.29 | \$8.15 | | | |
| Beef: Shanks, Pound | \$6.99 | \$6.99 | \$6.99 | | | |
| Beef: Short Ribs, Pound | \$7.00 | \$15.00 | \$10.10 | | | |
| Beef: Sirloin, Pound | \$9.00 | \$16.00 | \$11.78 | | | |
| Beef: Skirt Steak, Pound | \$7.00 | \$14.50 | \$9.69 | | | |
| Beef: Stew, Pound | \$7.00 | \$13.99 | \$9.97 | | | |
| Beef: Strip Steak, Pound | \$7.99 | \$21.00 | \$17.24 | | | |
| Beef: T-Bone, Pound | \$7.00 | \$18.00 | \$13.40 | | | |
| Beef: Tenderloin, Pound | \$10.00 | \$28.00 | \$19.75 | | | |
| Chicken: Boneless Breast, Pound | \$8.50 | \$11.00 | \$9.25 | \$8.50 | \$10.00 | \$9.25 |
| Chicken: Whole, Pound | \$4.89 | \$11.00 | \$6.48 | \$5.50 | \$7.00 | \$6.00 |
| Chicken: Legs, Pound | \$6.00 | \$11.00 | \$8.17 | \$5.50 | \$7.00 | \$6.25 |
| Chicken: Wings, Pound | \$6.00 | \$16.00 | \$9.83 | \$4.50 | \$4.50 | \$4.50 |
| Eggs: Chicken, Per Dozen | \$5.00 | \$8.00 | \$6.36 | \$6.00 | \$8.00 | \$7.00 |
| Eggs: Duck, Per Dozen | \$5.00 | \$16.00 | \$9.67 | \$10.00 | \$10.00 | \$10.00 |
| Goat, Pound | | | | \$16.00 | \$16.00 | \$16.00 |
| Lamb: Chops, Pound | \$16.00 | \$16.00 | \$16.00 | \$16.00 | \$20.00 | \$18.48 |
| Lamb: Ground, Pound | \$14.00 | \$14.00 | \$14.00 | \$8.00 | \$18.95 | \$14.58 |
| Lamb: Kebobs, Pound | | | | \$14.00 | \$14.00 | \$14.00 |
| Lamb: Leg of, Pound | \$12.00 | \$12.00 | \$12.00 | \$14.00 | \$19.95 | \$16.98 |
| Lamb: Rack, Pound | \$18.00 | \$18.00 | \$18.00 | \$16.00 | \$16.00 | \$16.00 |
| Lamb: Roast, Pound | | | | \$15.00 | \$16.00 | \$15.50 |

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| MEAT & EGGS (continued) | Conventional/Not-Certified | | | Certified Organic | | |
|-----------------------------|----------------------------|---------|---------|-------------------|---------|---------|
| | MIN | MAX | AVG | MIN | MAX | AVG |
| Lamb: Shanks, Pound | \$10.00 | \$10.00 | \$10.00 | \$12.00 | \$17.95 | \$15.73 |
| Pork: Baby Back Ribs, Pound | \$7.00 | \$15.95 | \$12.35 | | | |
| Pork: Chops, Pound | \$7.75 | \$15.95 | \$10.87 | \$16.00 | \$16.00 | \$16.00 |
| Pork: Ground, Pound | \$7.00 | \$14.95 | \$10.93 | \$14.00 | \$14.00 | \$14.00 |
| Pork: Hams, Pound | \$9.00 | \$11.00 | \$10.00 | \$10.00 | \$10.00 | \$10.00 |
| Pork: Shoulder Roast, Pound | \$7.00 | \$11.00 | \$8.83 | | | |
| Pork: Tenderloin, Pound | \$11.00 | \$20.00 | \$14.75 | \$19.00 | \$19.00 | \$19.00 |
| Rabbit, Pound | \$10.99 | \$10.99 | \$10.99 | | | |
| Sausage, Pound | \$8.50 | \$15.00 | \$11.63 | \$15.00 | \$15.00 | \$15.00 |
| Bacon, Pound | \$11.00 | \$16.95 | \$13.80 | \$18.00 | \$18.00 | \$18.00 |